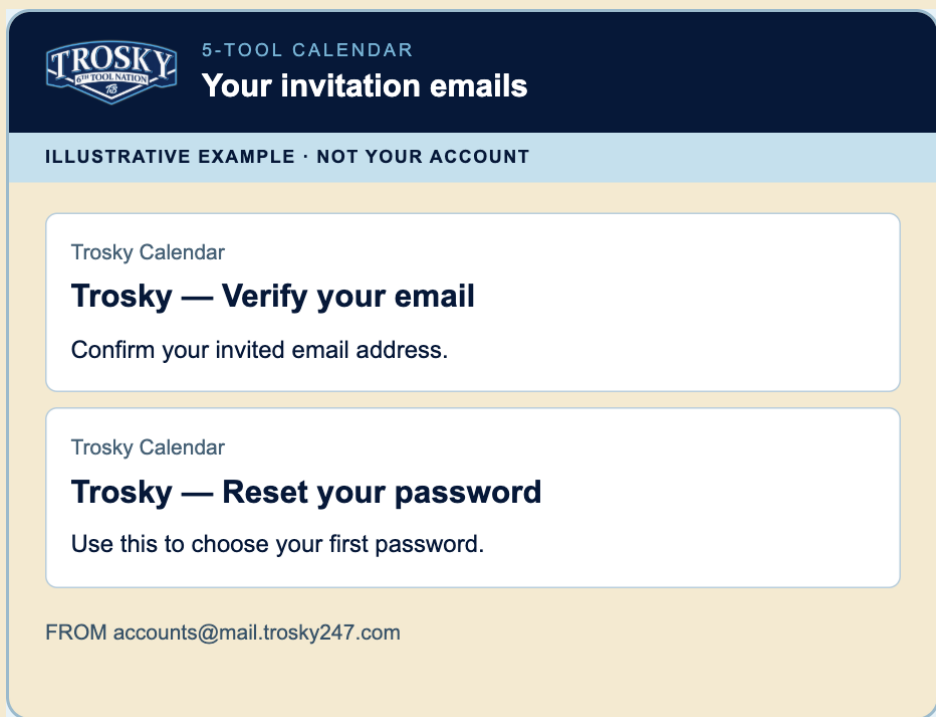




Open your invitation

Use the address that received your invitation.



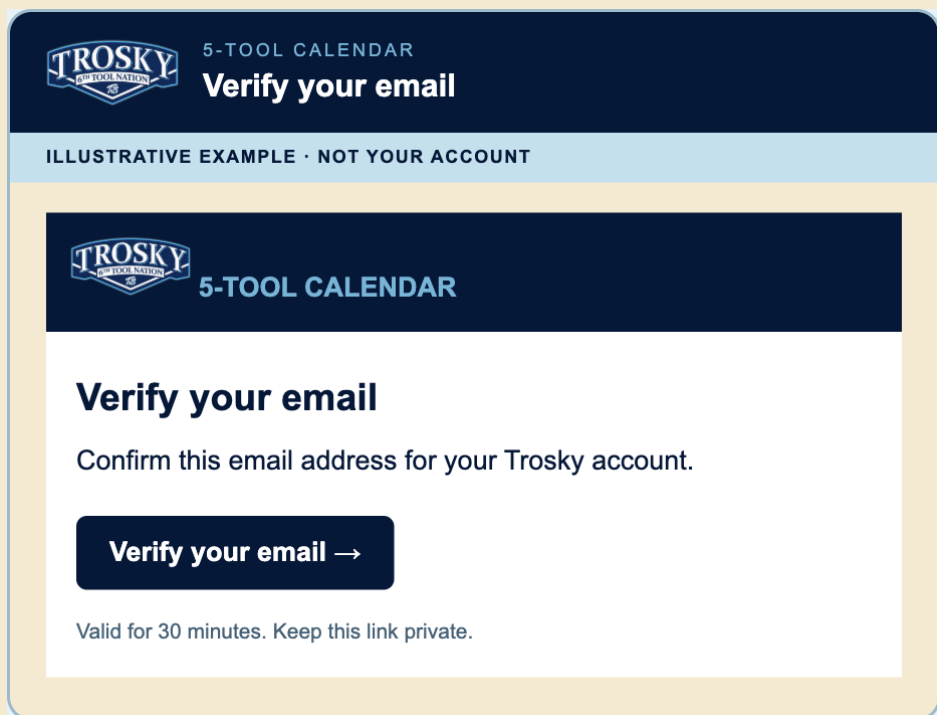
1. Open the newest setup email.
2. Keep your personal link private.

Example screen · sample data



Verify your email

One tap confirms your email address.



1. Tap Verify your email.
2. Use the newest link if one expires.

Example screen · sample data



Choose your password

First setup may say Reset password.

5-TOOL CALENDAR

Choose your password

ILLUSTRATIVE EXAMPLE · NOT YOUR ACCOUNT

After opening your newest reset email:

New password

Confirm new password

Use 12–128 characters. Keep your password private.

Change password

1. Use 12–128 characters.
2. Save your password privately.

Example screen · sample data



Sign in

Your account determines your access.



5-TOOL CALENDAR

Sign in to Calendar

ILLUSTRATIVE EXAMPLE · NOT YOUR ACCOUNT

Use the email address that received your invitation.

Email

Password

Sign in

[Forgot password?](#)

1. Use your email and password.
2. Check the account save status.

Example screen · sample data



5-TOOL CALENDAR

PICTURE GUIDE 5 / 10

Today's Check-In

One item at a time.

5-TOOL CHECK-IN

3 not complete ^

1 
Throw

2 
Field

3 
Hit Power

4 
Hit Average

5 
Speed


Strength

Back

1 of 6

Next

1 THROW  5x / week 

Planned:

1 · J-Bands

2 · Arm circles

DONE

MISSED

[Add / edit drills](#)

1. Tap a tool. Mark Done or Missed.
2. Use Next. Add a note if useful.

Current app · sample data

BACK

OPEN CALENDAR

NEXT



5-TOOL CALENDAR

PICTURE GUIDE 6 / 10

Weekly Board

Pick a week. Tap beside a tool.

TOOLS 	THU OCT 1	FRI OCT 2	SAT OCT 3
1 THROW  5x / week	1,2	1,2	Off
2 FIELD  4x / week	1,2	Off	Off
3 HIT POWER  3x / week	Off	Off	Off

1. Tap the day beside a tool.
2. Choose drills, then save.

Current app · sample data

BACK

OPEN CALENDAR

NEXT



Grade Yourself

Review the week you selected.

 **GRADE YOURSELF** 

PICK YOUR WEEK

WEEK 1 · THIS WEEK
SEPTEMBER 28–OCTOBER 4 

65 OVERALL 20–80 GRADE



RATE TOOLS & HABITS 0 / 11

WEEK REVIEW Edit note 

No review saved for this week yet.

 **Save review**

1. Choose your weekly ratings.
2. Save your review.

Current app · sample data



Admin workspace

Sign in, then check your access.

Your access



Check access

Open sign-in

Sign in first, then return here and press Check access.

A guide or screenshot never grants access. Check access reads the active server grant.

1. Check access to open the admin tabs.
2. Use Resources for guides and pictures.



Teams & access

Choose the scope and existing account.

Direct access role

Viewer



Owner manages access; Admin manages lower roles; Editor edits; Viewer reads. Parent and global grants can also apply.

Add direct access

1. Choose a direct role. Review, then confirm.
2. Other inherited access can still apply.

Current app · sample data



Season roster

Choose the team, season and player.

Sample Player ·
player@example.invalid

Not on this season's roster.

Roster status

Active



Jersey number (optional)

12

Review roster change

1. Set roster status and jersey number.
2. Review the named change, then confirm.